



SWB X 9MP

# ANNUAL REPORT

2022

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# THE SWB-EWB X 9MP RELATIONSHIP

The relationship between SWB and 9Miles Project began when Guy Cohen and his partner, Nathan Paul reached out in hopes of wanting to implement a surf programme for their EwB learners, to give them another incentive to succeed in their schools.

Education Without Borders is working with Mseki Primary and Fezeka Secondary schools in Gugulethu township and Nobantu, an after-school facility in Mfuleni township, outside of Cape Town.

After a meeting, we had a full discussion on how we can help our youth be developed and transformed through surfing. We mentioned that we want to leave an impact on kids, wanting them to know there are opportunities out there.

**'Change is inevitable, growth is optional. So the best thing a person can do is to change their future by simply changing their attitude towards life...'**

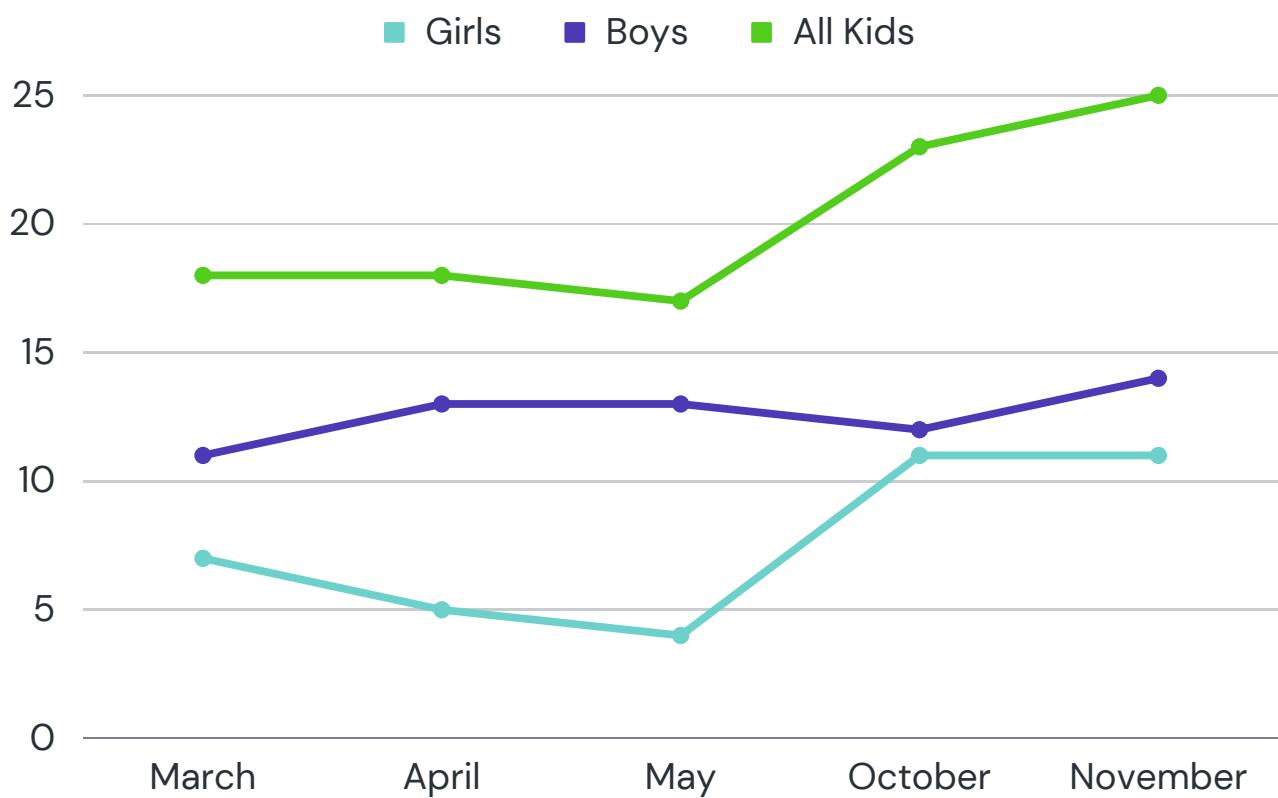
Through the 9miles project programmes. We strive to teach children to serve others, they learn to connect and care about other people. In the process, they learn empathy, responsibility, sympathy, kindness, and a host of other character-building qualities that benefit their growth and development.

Surfing is a good tool for children who can now be placed in an environment that brings about impact in positive ways.



# Overview of Attendance

Down below is the ATTENDANCE of participants between March & November 2022



101

TOTAL OF KID

73

BOYS

38

GIRLS

# Impact through sessions

These are the lessons that we covered in our Life Empowerment, Life Skills and Surfing sessions:

- Respecting Self and Others
- Smart Goals & Goal-Setting
- Effective Listening Skills
- Water Safety
- Surf Theory
- Bullying
- Peer-Pressure
- Survival Swimming
- Personal Values
- Pathways
- Decision Making
- Power of Words
- Responsibility
- Power of a Positive Attitude





## The Power & Surfing of Surf

We have seen the impact that surfing has on the kids that have been regularly coming from Surf Without Borders. They all came with loads of expectations from the project but every expectation was to GROW as a TEAM and as INDIVIDUALS.

Each child hatched from a shell that they arrived with and has BLOSSOMED into Confident, Self-Aware and Skilled young people.

The lessons and impacts of surfing & life empowerment has not only benefitted their lives but also the developed in them a sense of positive influence that they too could better their families & communities



## Testimonials

*"I saw massive growth within each child. They learned a lot during the life empowerment lessons and the surfing, which makes me happy to see children not waste opportunity coming to 9miles to learn and develop."*

-Mikayla

*"I am astounded by the amount of growth that occurred with E.W.B via their behaviour and confidence in swimming. Towards the end of the year we see the huge difference in when they started surfing and their improvements currently."*

-Surf Coach Faieq

*"This is one of the best things that ever happened in my life, if I can surf and change my life everyday , I WILL"*

-Ricardo

